



# April 2019 Newsletter

## 2019

The Reno OTHG National is less than a month away. Who is ready? We will need as many helpers starting on Thursday May 23<sup>rd</sup> to help get the facility ready for the weekend.

Our OTHG monthly meeting are held on the first Tuesday of every month at Pizza Plus located at Prater and McCarren. Pizza is served at 6:30pm and the meeting starts at 7:00pm. We will see you then.

As of 4/15/19-Reno OTHG Points:

1. Claire Petrie-235 points
2. Troy Decker-233 points
3. Sedanna Losey-219 points
- 4-T. Aaron Bissell-218 points
- 4-T. Kevin Hargett-218 points
6. Scott Stillmock-206 points
7. Anthony Fagundes-200 points
8. Keith Mansfield-143 points
9. Patricia Holland-141 points
10. Mark Lane-137 points

\*Note: Points do not include help points.

### 2019 BMX Spring Series

- RD. 1 OTHG @ Fernley  
March 16<sup>th</sup> & 17<sup>th</sup>
- RD. 2 WMX @ Winnemucca  
April 6<sup>th</sup> & 7<sup>th</sup>
- RD. 3 GRMX @ Carlin  
April 20<sup>th</sup> & 21<sup>st</sup>
- RD. 4 OTHG @ Fernley  
May 4<sup>th</sup> & 5<sup>th</sup>
- RD. 5 OTMX @ Fernley  
May 11<sup>th</sup> & 12<sup>th</sup>
- RD. 6 WMX @ Winnemucca  
June 1<sup>st</sup> & 2<sup>nd</sup>



## 2019 Board

- President: Sedanna Losey
- V.P.: Kevin Hargett
- Treasurer: Claire Petrie
- Secretary: Aaron Bissell
- Race Dir.: Danny Martin
- Co Race Dir.: Matt Wilkins
- Tate Morehead
- Statistician: Shonda Rivera
- Web Mast.: Blair Richardson

## 2019 National Schedule

- RD. 1-South National  
March 29-31, 2019  
Milestone MX Park
- RD. 2-Sierra National  
April 26-28, 2019  
Oatfield MX Park
- RD. 3-Reno National  
May 24-26, 2019  
Fernley MX
- RD. 4-Bay National  
August 30-Sept. 1, 2019  
Argyll MX
- RD. 5-Valley National  
October 25-27, 2019  
DT1 MX Park



# Round 1-OTHG National South Chapter-Milestone

Round 1 of the 2019 OTHG National Series was hosted by the OTHG South Chapter at Milestone MX in Riverside California on March 29-31. You could not have asked for nicer weather. Friday practice went off without a hitch. They combined the main track and the vet track, which apparently rarely happens for a race. On the average, lap times were hovering around the 3 minute mark.

Saturday came and practice was good. Track was in good shape. Due to the heat, (mid 80's), the track was drying out rapidly and unfortunately they watered right before both my motos, doing the start line last making the roost stick to everything and pack up on the bike and you. The South chapter tried to stick to the timed moto's but with the 2<sup>nd</sup> round not starting until about 3:30, the 2<sup>nd</sup> moto's got cut. The last moto ended at about 7:30, just before sunset.

Sunday, it was announced they would be doing a set number of laps and combined a couple races. Luckily, mine was one of them. I should have been race 9 but got moved to race 3. Practice, everyone got just one lap but had a 10 minute session for everyone at the beginning and an open 3 lap session at the end. The races clipped off pretty fast. The second set of moto's started at about 12:45. They were watering the track every 3 moto's or so and would not put down as much water. This did help to keep the races moving.

The Reno Chapter had 12 racers/club members that made the trek to Milestone to race. It was very entertaining to watch the 45+ Expert class's Keven Hargett and Anthony Fagundes battle it out. The two of them seemed to have a bungy cord tied to each other. So much that they almost came together off one of the jumps. Here is to hoping more will show up for the Sierra chapter's Round 2 at the end of April. The following page are some shots from the weekend, link to the results and the overall results of the Reno chapter members for the weekend. It is sure to be a great time.



# Round 1-OTHG National South Chapter-Milestone



## Race Weekend Links

My Laps event results:

<https://speedhive.mylaps.com/Events/1640020>

Day 1 picture:

<https://photos.app.goo.gl/Z9qshyFNoiqPCbkW7>

Day 2 pictures:

[2019 Rd 1 OTHG National-South-Day 2](#)

Day 3 pictures:

[2019 Rd 1 OTHG National-South-Day 3](#)

## Reno OTHG Race Results:

- Patricia Holland-Women's Beg-2<sup>nd</sup> OA
- Claire Petrie-Women's Nov-1<sup>st</sup> OA
- Tom Molloy-65+ Nov-4<sup>th</sup> OA
- Troy Decker-52+ Nov-1<sup>st</sup> OA
- Keith Mansfield-58+ Nov-10<sup>th</sup> OA
- Sedanna Losey-38+ Int-3<sup>rd</sup> OA
- Aaron Bissell-45+ Int-4<sup>th</sup> OA
- Allen Blanco-45+ Int-6<sup>th</sup> OA
- Mark Lane-58+ Int-8<sup>th</sup> OA
- Tony Fagundes-45+ Int-3<sup>rd</sup> OA
- Kevin Hargett-45+ Int-5<sup>th</sup> OA
- Scott Stillmock-38+ Master-2<sup>nd</sup> OA



# Round 2-OTHG National Sierra Chapter-Oatfield

Round 2 of the 2019 OTHG National Series was hosted by the OTHG Sierra Chapter at Oatfield MX in Snelling, California . It was three fast and fun days fill with great competition and even better company. Three words could sum up the weekend-Hot, Hot, Hot. It was not as hot as Hollister in 2017 but when your used to it being in the 50's and 60's, mid 90's is hot. The good call of the weekend went to Troy Decker for bringing a portable swap cooler. Thank you Troy.

The Reno chapter had a good showing with 15 club members racing the Sierra National. The track was in great shape all weekend. Got rougher as the day went on but then again, what track doesn't. There were braking bumps, acceleration bumps and ruts. Some of the ruts got pretty deep by the end of the day.

## Reno OTHG Race Results:

Patricia Holland-Women's Beg-2<sup>nd</sup> OA  
 Claire Petrie-Women's INT-2<sup>nd</sup> OA  
 Tom Molloy-65+ Nov-2<sup>nd</sup> OA  
 Jason Rubero-38+ Nov-5<sup>th</sup> OA  
 Coby Madewell-38+ Nov-8<sup>th</sup> OA  
 Troy Decker-52+ Nov-1<sup>st</sup> OA  
 Keith Mansfield-58+ Nov-2<sup>nd</sup> OA  
 Zach Howell-30+ Int-11<sup>th</sup> OA  
 George Forbes-38+ Int-4<sup>th</sup> OA  
 Sedanna Losey-38+ Int-5<sup>th</sup> OA  
 Allen Blanco-45+ Int-3<sup>rd</sup> OA  
 Aaron Bissell-45+ Int-4<sup>th</sup> OA  
 Kevin Hargett-45+ Int-2<sup>nd</sup> OA  
 Tony Fagundes-45+ Int-3<sup>rd</sup> OA  
 Scott Stillmock-38+ Master-2<sup>nd</sup> OA

Below: Keith Mansfield taking out his competition



Above: Reno Members at Oatfield MX



# Round 2-OTHG National Sierra Chapter-Oatfield



Link for more picture from the weekend:

<https://photos.app.goo.gl/L2Ec2oeuFVu1MrC9A>



# The SANDBOX

From the Editor,

Some say that soccer is the most physically demanding sport. I suppose that everyone has their own opinion on this matter, but for me, it is motocross. I believe it is definitely the most thrilling, exhilarating and the toughest on the body. Each sport presents their own challenges on the mind, the spirit, and the body. However, in competitions where there is no break, no rest period, no bench seats, and has a "it ain't over til it's over" mentality, those are the most physically demanding in my opinion.



In motocross you can use up to 60% of all your muscles, everything from your wrist to your shoulders to your ankles and muscles you didn't even know existed. Studies have shown that a full motocross race of 25-30 minutes is like sprinting as hard and as fast as you can for 25 minutes.

On a given race day at your local event, a race consists of 2 or 3 moto's and practice, More if you enter multiple classes. Each



race, depending on the event, location, or track could last 15-20 minutes. What sets this sport apart from most others is the bike is heavy, the track surface is gnarly and changes every lap, you are constantly pulling in the

clutch lever, brake lever, changing gears, twisting the throttle, bouncing around, jumping through the air, pulling the bike sideways through turns and this uses every muscle in your body (including your brain). All this is happening for 15-20 minutes, nonstop. No rest break, no bench time, no pit stops.

With that being said, start training. You will need it. Training will spend up your recovery time. You will be able to go to work the next day and you can make it look like you sat on the couch all weekend and no one is the wiser.

"Racing is life. Anything before or after is just waiting." Steve McQueen